

## Holy Trinity

What shall we say about the Holy Trinity? One of, if not the greatest mystery in our life. Let us touch on the Holy Trinity.

"We have peace with God through our Lord Jesus Christ."

The Trinity brings peace. Our peace with God our Father has been given to us through the death and resurrection of Jesus. This peace is strengthened and fulfilled in our life by the Holy Spirit, for it is a fruit of the Spirit.

"The love of God has been poured out into our hearts through the Holy Spirit that has been given to us."

The love of God is the love between the Father and Son that produces the Holy Spirit. The love of God is a gift to us, nothing we have earned by our deeds. God, who is love, chooses to pour His love upon us and only our sinfulness can block or hinder His love for us. He is love and will continue to love us. God lets us wander, if we choose, but loves us so much He comes after us, freely giving His Spirit to empower and guide us back to His loving and provident care. He invites us to share the awesome love relationship among the Father, Son and Holy Spirit. Marriage, community, the Body of Christ, the Church reflect this holy love relationship. Self-giving and self-emptying love draws us into the love of God and brings salvation to the world, as Jesus' self-emptying love brings salvation to us.

Jesus said to his disciples: "I have much more to tell you, but you cannot bear it now. But when he comes, the Spirit of truth, he will guide you to all truth."

"What is truth?" said Pilate. Truth is who, not what. It is a dynamic and living reality. The base and foundation of all truth is God the Father. Jesus reveals the truth of God through His life. "I am the truth." We pattern our lives and interpret the world and what is real through the life and revelation of Jesus. We study and meditate and pray about the life of Jesus, who reveals who the Father is - to learn what truth really is. But the Spirit guides us into all truth. "Flesh and blood has not revealed this to you," said Jesus. The Spirit is the one who will teach us truth. And will teach us who the Trinity is. And will guide us to Jesus. Who will show us who the Father is. Laudable the one who studies well, the Trinity. More laudable the one who prays well, to the Trinity. More laudable still the one who believes with all his or her heart - in the Father, and the Son, and the Holy Spirit.

"This is the work of God, that you believe in the one he sent." God has sent His Son and His Holy Spirit. Let us believe, each day, fervently in our heart and in our life - that God gives us peace in our hearts that the world cannot give - that God loves us extremely (look at the crucifix) - that this is the rock solid truth we may always build our life upon.

Thank you loving Father, who lovingly created us,  
Thank you loving Son, who lovingly suffered and died for us,  
Thank you loving Spirit, who lovingly inspires us to love God and others,  
by giving our love, every moment of our life.

God's truth, Jesus' peace and the Spirit's love fill your heart and life,

Paul Ditter